

## *Informed Consent for Physical Therapy Services*

The purpose of physical therapy is to treat disease, injury and disability by examination, evaluation, diagnosis, prognosis, and intervention by use of rehabilitative procedures, mobilization, massage, exercises, and physical agents to aid the patient in achieving their maximum potential within their capabilities and to accelerate convalescence and reduce the length of functional recovery. All procedures will be thoroughly explained to you before you are asked to perform them.

Response to physical therapy intervention varies from person to person; hence, it is not possible to accurately predict your response to a specific modality, procedure, or exercise protocol. C.P.P.T. does not guarantee what your reaction will be to a specific treatment, nor does it guarantee that the treatment will help resolve the condition that you are seeking treatment for. Furthermore, there is a possibility that the physical therapy treatment may result in aggravation of existing symptoms and may cause pain or injury. It is very important to communicate with your treating physical therapist throughout your treatment.

It is your right to decline any part of your treatment at any time before or during treatment, should you feel any discomfort or pain or have other unresolved concerns. It is your right to ask your physical therapist about the treatment they have planned based on your individual history, physical therapy diagnosis, symptoms, and examination results. Consequently, it is your right to discuss the potential risks and benefits involved in your treatment.

I have read this consent form and understand the risks involved in physical therapy and agree to fully cooperate, participate in all physical therapy procedures, and comply with the established plan of care. I authorize the release of my medical information to appropriate third parties.

\*\* \_\_\_\_\_  
**\*\*Patient Print Name                      Patient/ Guardian Signature                      Date**

### *Text message and/or Email Reminder's Consent Form*

I, \_\_\_\_\_, give Cameron Park Physical Therapy Center, Inc. permission to send an automatic TEXT or EMAIL appointment reminder and Billing Correspondence.

#### **TEXT:**

I release the following information to receive automatic text message reminders from Cameron Park Physical Therapy. I understand that such messages may contain health information.

Cell phone Carrier: \_\_\_\_\_

Cell phone number: \_\_\_\_\_

**\*\*Regular text messaging rates apply to patient. \*\***

\*\* \_\_\_\_\_  
**\*\*Patient or Guardian signature:                      Date:**

#### **EMAIL:**

I release the following information to receive automatic email reminders from Cameron Park Physical Therapy. I understand that such messages may contain health information.

Email address: \_\_\_\_\_

\*\* \_\_\_\_\_  
**\*\*Patient or Guardian signature:                      Date:**

Patient Denies text/email reminder consent: \_\_\_\_\_



*"The Thought Behind Quality Physical Rehabilitation"*

**Patient Information**

Please complete all of the following information thoroughly:

Name: \_\_\_\_\_  
Last First Middle Occupation

Mailing Address: \_\_\_\_\_  
Street/P.O. Box City State Zip

Residence( if different): \_\_\_\_\_  
Street City State Zip

(\_\_\_\_\_) (\_\_\_\_\_) (\_\_\_\_\_) \_\_\_\_\_  
Home Phone Work Phone Cell Phone

\_\_\_\_\_  
Date of Birth Age Sex Social Security # Drivers License # Email Address

\_\_\_\_\_  
Nearest Relative/Emergency Contact Phone # How did you hear about us?

Work Information: \_\_\_\_\_  
Name Address Phone

Referring Physician: \_\_\_\_\_  
Name Phone

If Party is a minor: \_\_\_\_\_  
Name of Insured Parent Social of Insured Parent Date of Birth

Diagnosis: \_\_\_\_\_ Date of Injury: \_\_\_\_\_

**Circle Yes or No:**

1. Is this condition related to an injury on the job? Yes No  
If yes please provide workers compensation information below

2. Is this injury related to a Motor Vehicle Accident? Yes No  
**If yes, what state was the accident located:** \_\_\_\_\_  
If yes, please provide your auto insurance information below

3. Is this injury involved or will be involved in litigation? Yes No  
If yes, please provide attorney information below

Yes answers: \_\_\_\_\_

I authorize Cameron Park Physical Therapy to release and request information to/from insurance companies and all medical providers.  
I authorize assignment of benefits directly to this clinic

\_\_\_\_\_  
**Patient or Guardian Signature** **Date**



CAMERON PARK  
PHYSICAL  
THERAPY  
CENTER  
"The Thought Behind Quality Physical Rehabilitation"

*Office Policies*

All patients must recognize that they are responsible for the charges incurred for physical therapy. We will attempt to verify what your insurance benefits are. However, quotation of benefits from your insurance company does not guarantee payment. We will submit billing to your insurance company free of charge. In the event that your insurance carrier does not submit payment for services rendered, a statement will be issued to you for payment

Missed appointments are a loss for everyone. Cancellations without adequate notice cannot be filled and take valuable time from other patients, thus they are subject to a **\$25 late cancel/no show fee.** Therefore, we require that you notify us 24 hours in advance if you are unable to attend a scheduled appointment. If you are 15 minutes late or greater, the therapist will have the option of seeing you or rescheduling. Checks that are returned for any reason are subject to a \$10 service fee. . **No Cell Phone's until after your appointment please.**

Authorization and Assignment of Benefits:

I hereby authorize and direct you, my insurance company, to pay directly to Cameron Park Physical Therapy Center, Inc. such sums as may be due and owing this office for services rendered to me, both by reason of accident of illness, and by reason of any other bills that are due this office and withhold such sums from any disability benefits, medical payment benefits, no-fault benefits, health and accident benefits, worker's compensation benefits, or any other insurance benefits obligated to reimburse me or from any settlement, judgment , or verdict on my behalf as may be necessary to adequately protect said office. This is to act as an assignment of my rights and benefits to the extent of the office's services provided.

In the event my insurance company, obligated to make payments to me upon the charges made by this office for their services, refuses to make such payments, upon demand by me or this office, I hereby assign and transfer to this office any and all causes of action that I might have or that might exist in my favor against such company and authorize this office to compromise, settle, or otherwise resolve said claim or cause of action as they see fit.

I understand that I remain personally responsible for the amounts due this office for their services. I further understand and agree that this assignment and authorization does not constitute any consideration for the office to await payments and they may demand payments from me immediately upon rendering services at their option.

I authorize this office to release any information pertinent to my case to any insurance company, billing service, adjuster, or attorney to facilitate collection under this assignment and authorization.

**MEDICARE PATIENTS:** We bill our standard fees to Medicare, they pay 80% of their allowable fees, and the difference is billed to your secondary insurance. If you do not have a secondary insurance or your secondary insurance denies payment, you will receive a statement following the receipt of Medicare's allotment. Unless other arrangements are made, you will be responsible for the remaining 20% of the Medicare allowable rate.

Other arrangements\_\_\_\_\_

Date:\_\_\_\_\_

**Patient /Guardian Signature:**\_\_\_\_\_

Print Name:\_\_\_\_\_

*New Patient Consent to the Use and Disclosure of Health Information for Treatment, Payment, or Healthcare Operations*

The Healthcare Insurance Portability and Accountability act of 1996 (“HIPPA”) is a federal program, which requires that all medical records and other individually identifiable health information used or disclosed by us in any form, whether electronically, on paper, or orally are kept confidential. This act gives you, the patient, significant new rights to understand and control how your health information is used. “HIPPA” provides penalties for covered entities that misuse personal health information.

We are required by law to maintain the privacy of your protect health information and to provide you with notice of our legal duties and privacy practices with respect to protected health information.

As required by “HIPPA”, we have prepared this explanation of how we are required to maintain the privacy of your health information and how we may use and disclose your health information.

We may use and disclose your medical records only for each of the following purposes: treatment, payment, health care operations.

- **Treatment** means providing, coordinating, or managing health care and related services by one or more health care providers.
- **Payment** means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review.
- **Health care operations** include the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, cost-management analysis, and customer service.
- **Electronic Communications** by signing below, patient acknowledges associated risks and consents in writing to receiving electronic communications (including but not limited to emails and texts) and understands that such messages may contain protected health information.

I understand and have been provided, (see brochure at front desk), with a Notice of Privacy Practices that provides a more complete description of information uses and disclosures. If I have any further questions in regards to the Privacy Practices I can contact the privacy officer.

I understand that CPPT, Inc. is not required to agree to the restrictions requested. I understand that I may revoke this consent in writing, except to the extent that the organization has already taken in reliance thereon. I also understand that by refusing to sign this consent or revoking this consent, this organization may refuse to treat me as permitted by Section 164.506 of the Code of Federal Regulations.

I further understand that CPPT, Inc reserves the right to change their notice and practices and prior to implementation, in accordance with Section 164.520 of the Code of Federal Regulations. Should CPPT, Inc change their notice, they will send a copy of any revised notice to the address I have provided.

I wish to have the following restrictions to the use or disclosure of my health information:

Ok to speak with: \_\_\_\_\_

I understand that as part of CPPT, Inc treatment, payment, or healthcare operations, it may become necessary to disclose my protected health information to another entity, and I consent to such disclosure for these permitted uses, including via fax.

I fully understand and accept the terms of this consent

\_\_\_\_\_  
**Patient/ Guardian Signature**

\_\_\_\_\_  
**Date**

*I have attempted to obtain the patient's signature in Acknowledgment of this notice of Privacy Practices, but was unable to do so as indicated: Date: \_\_\_\_\_ Initials: \_\_\_\_\_ Reason: \_\_\_\_\_*

**Past Medical History Form**

Name: \_\_\_\_\_ Date \_\_\_\_\_

Are you presently working?    Yes    No

How many days per week do you exercise? \_\_\_\_\_ Describe the exercise: \_\_\_\_\_

Check which one applies to your condition:

- Motor vehicle accident                       Work-Related injury                       Injury related to falling  
 Recurrence of previous injury                       Injury related to lifting                       Cause unknown  
 Athletic/Recreational injury                       Other:

Have you ever had these symptoms before?    Yes    No

Have you had a related surgery?                      Yes    No

Do you have or have had any of the following:

Pacemaker	Yes	No	Unusual Headache	Yes	No
Chest Pain/Angina	Yes	No	Osteoporosis	Yes	No
Heart Disease/Attack	Yes	No	Hernia	Yes	No
High Blood Pressure	Yes	No	Seizures	Yes	No
Cancer/Tumor	Yes	No	Metal Implants	Yes	No
Kidney Problems	Yes	No	Dizziness/Fainting	Yes	No
Stroke	Yes	No	Fracture	Yes	No
Bowel/Bladder Abnormalities	Yes	No	Surgeries	Yes	No
Pregnancy	Yes	No	Skin Abnormalities	Yes	No
Asthma/Breathing Difficulties	Yes	No	Nausea/Vomiting	Yes	No
Liver/Gallbladder Problems	Yes	No	ringing in ears	Yes	No
Hypoglycemia /Diabetes	Yes	No	Loss in Balance	Yes	No
Osteoarthritis/Rheumatoid/	Yes	No			
Rhuematic Arthritis	Yes	No	Difficulty in Walking	Yes	No
AIDS/HIV	Yes	No	Smoking	Yes	No
Sensitivity to heat/cold	Yes	No	Other _____	Yes	No

If you answered **Yes** to any of the items above, please briefly explain and give the date. Include any other pertinent information regarding your past medical history.

\_\_\_\_\_

Do you have any allergies to medication(s) or latex?    Yes    No

If yes, please list your allergies: \_\_\_\_\_

Are you presently taking any medications?    Yes    No

If yes, please list what medications and for what condition:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Other Clinical Tests

Within the past year have you had any of the following tests?

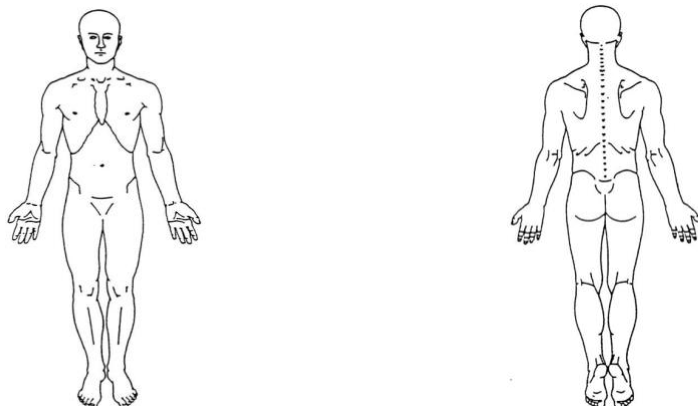
(Please circle all that apply)

Angiogram	EEG (electroencephalogram)	Pulmonary function test
Arthroscopy	EKG (electrocardiogram)	Spinal Tap
Biopsy	EMG (electromyogram)	Stress Test
Ultrasound	Bone Scan	MRI
X Ray	CT Scan	Myelogram
Venous Doppler Test		

**\*\*We may request from your physician any reports indicated above and other information that would be helpful in the course of your treatment\*\***

### Patient Symptoms Drawing

Please draw on the body where you feel your pain or problems:



Please indicate what kind of symptoms you are having, circle all that apply:

Tingling	Numbness	Sharp	Dull
Ache	Tight	Weak	Dizzy

Please indicate Yes or No:

**Yes No** Have you ever taken steroid medication such as cortisone?  
**Yes No** Have you ever been placed in a cast, splint, ace wrap, or sling for this injury?  
**Yes No** Are you currently being treated or have been treated in the current year by any other physical therapist, Home Health, massage therapist, podiatrist, or chiropractor? **If yes, please circle which one.**

**If Physical Therapy: how many visits used in the current year? \_\_\_\_\_**

**If Home Health: Discharge Date: \_\_\_\_\_ discharge report required.**